



ARIZONA DISABLED SPORTS



Let No One Sit on the Side Lines...or the Slopes!

SkiAble is a multi-day event in the mountains of Arizona for individuals with permanent physical disabilities.

The cooperative program provides an opportunity for beginner, intermediate and advanced skiers to enjoy the freedom and thrill of the downhill sport.

Athletes include, but are not limited to, those with amputations, cerebral palsy, muscular dystrophy, spina bifida, spinal cord injuries, traumatic brain injuries and visual impairments.

Athletes may be ambulatory or use a manual or power wheelchair.

SkiAble also welcomes family members and professionals for an educational experience.

Dry land and on-hill training is offered to promote awareness of adaptive equipment, teaching techniques, safety, disability awareness and more.

Appropriate individuals are ski instructors, therapists, physical education teachers, special education teachers, coaches, students, disability organization administrators, and more.

The goal: prepare you as an *assistant* for future outings with an athlete and professional ski instructor.

**February 26-28, 2007
Arizona Snowbowl**

Contact:

Susan Rossi
480.644.5702

susan.byrne@cityofmesa.org
mesadisabledsports.com



BRECKENRIDGE
OUTDOOR
EDUCATION
CENTER

MESA
PUBLIC SCHOOLS



DOING BUSINESS AS
ARIZONA DISABLED SPORTS



Wounded Warrior
Disabled Sports Project

